



# Enjoying Health

NIYI MAKINDE



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*[www.rebirthglobal.org](http://www.rebirthglobal.org) / [www.niyimakinde.com](http://www.niyimakinde.com)*

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*Cover art by Kenny Otesile*

*Typesetting by Korede Makinde*

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## Health Is Wealth

**J**ust as you must live long, you should live strong. There is nothing glorious in living long with pains, sicknesses, diseases all your days.

You need to enjoy health because health is wealth. If a man is sick, everything will be on a standstill. If you are accumulating wealth, the moment you are sick, you can't continue accumulating it. A business person can't continue his business daily when he is sick. A sick man doesn't enjoy his marriage.

Whenever satan notice a person is doing exploit or about to make wave in certain areas, he may come against the health of that person. You can't do much for God when you are sick. Satan may not touch your business, ministry, finance, etc. He knows that if he can touch your health, everything will be affected. Many have become poor because they spent all they had on their sicknesses.

You should know that God cares for your spirit, soul and body. Your body should also glorify God not only your spirit. Sickneses doesn't glorify God in your body. Cancer, HIV, Covid -19, etc. doesn't glorify God.

Billy Graham said if you lose money, you have lost something. If you lose your health, you have lost something precious but if you lose character, you have lost everything. So, health is precious. Sickness can wreck a whole lifelong saving. The woman with the issue of blood showed that. she spent all her savings on one sickness.

I hope you know that there is no sickness or disease in heaven. Everything in heaven is healthy. So, as a believer, you need to swim in the reality of God's word that you should be in health.

### THREE LEVELS

1. To be healed – a sick person needs healing. But there is something above being healed. That is to be made whole.
2. To be made whole – a healed person needs to be made whole because if such isn't made whole, the sickness may want to come again. A sick person who is healed but not made whole will still be sick again. Wholeness is superior to healing.



3. To be healthy – health is superior to wholeness. God wants us to be healthy not to be whole. When you are whole, another part of your body made develop pain or sickness again. Health is what you should go for.

## FROM HEALING TO HEALTH

There is a difference between healing and health. Healing means you were sick and now you are healed. Health means you don't even have to be sick any more.

2 Kings 5:1-14 reveals Naaman wasn't born a leper, he knew health before otherwise he wouldn't have join the army because the army would not enroll a leper. He joined the army and rose to a general. He was a strong healthy man once. They didn't tell us how leprosy came. Nobody knows how cancer and some other diseases came.

When Naaman was healed, his skin became like that of a brand new baby, and there was no record that Naaman was ever sick again. He wasn't only healed because if you heal a leper through medicine, the fingers that have broken off will not come back, the scars of leprosy will be there. In the case of Naaman, he wasn't just healed, he was made whole and became healthy.

If you are sick, your desire isn't just to be healed

but to be healthy. The sick wants healing from God, but God's intention isn't to get healing to you but to give you health. Rather than thinking that God should take away your sickness, begin to desire that you want to get to a point where you don't have to be sick again.

## WHAT IS DIVINE HEALTH?

Let's examine this from different aspect –

1. Divine health is living in the state of perfection in your flesh, bone and blood.
2. Divine health is living free of sickness, pains, bodily disorders or damages, diseases.
3. Divine health is living or walking in dominion over satanic afflictions against people's health

John 8:32 reveals that it is the truth you know determines the truth you show. The truth about divine health has to be captured before it is enjoyed.

## BIBLICAL ORDER FOR DIVINE HEALTH

### **1. The order of man's creation in God's image**

Gen. 1:27 says "So God created man in His own image; in the image of God He created him; male and female He created them."

God created man in the image of a God that's not sick, weary or tired. God can't be sick, weary or tired. As a believer, you should not permit sickness, weariness or tiredness in your body. Sickness is

a stranger to the original makeup of humanity so it must be rejected. What is not in your Source is not permitted to be your result. Whatever cannot be found in God should not be found in your life. There are things you are not permitted to have because the Almighty God created you in His Image.

If God doesn't live in pain, you should not live in pain. If your God never live in sicknesses, you shouldn't live in sicknesses. You have to know what should be in your body. Whatever you don't expect to be in your body has to be rejected totally. Whatever isn't accepted should be rejected. You have to sustain the understanding and consciousness of a sickness free life. You should capture a mental picture of a body without pain, sickness or disease.

## **2. The order of God's provision through the Abrahamic Covenant**

Genesis 25:7-8 says "This is the sum of the years of Abraham's life which he lived: one hundred and seventy-five years. Then, Abraham breathed his last and died in a good old age, an old man and full of years and was gathered to his people."

Do you know that for all the years Abraham lived, there was no record that he was sick? Abraham lived in health.

Galatians 3:13-14 says "Christ has redeemed us from the curse of the law, having become a curse for

us, for it is written, cursed is everyone who hangs on a tree. And the blessing of Abraham might come upon the Gentiles in Christ Jesus, that we might receive the promise of the Spirit through faith.”

Anybody who is connected to Christ is connected to every covenant God made with Abraham. Part of the major details of Abraham’s covenant blessings are divine health, divine strength, vitality and longevity. If you are Abraham’s seed, you must bear Abraham’s fruit. You shouldn’t just live long, but live strong.

### **3. The order of Christ resurrection and enthronement**

Ephesians 2:6 says “And raised us up together and made us sit in the heavenly places in Christ Jesus.”

Your sin, sicknesses and sufferings were crucified on the cross. But Christ wasn’t on the cross forever, He resurrected. You were nailed with Him and also resurrected with Him. You were not resurrected with sicknesses, pains and disease, you were resurrected with the reality of divine health. Whatever can’t happen to Jesus shouldn’t happen to you. This may take a long time before this truth sink into your understanding. But the day you really get it, you will begin to operate in divine health from that moment.

Philippians 2:9 says “Therefore God has highly exalted Him and given Him the name which is above

every name.”

Christ was enthroned to the highest level of authority and power in the universe. You are where Christ is in the heavenlies. Your spiritual consciousness should be awakened to the fact that you are in a place where sicknesses and diseases can't reach. Operating from above is operating from a level of imagination that is loaded with scriptural reality of who you are. As long as you have the right to use the name of Jesus, you can exercise authority over any sickness or disease that has name.

#### **4. The order of your inclusion in the body of Christ.**

Romans 12:5 says “so we, being many, are one body in Christ, and individually members of one another.”

You are now member of the body of Christ and He is the Head. What cannot be said of the Head cannot be said of the body; whatever cannot be found in the vine cannot be found in the branches; whatever cannot be His testimony is not permitted to be your testimony

As a member of the body of Christ, you are connected to Christ. So, whatever cannot happen to Him shouldn't happen to you. Everything in Christ is healthy, so, everything in you and about you should be health.

## **5. The order of the saint's body as the Temple of the Holy Spirit**

1 Cor. 6:19-20 says "Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own? For you were bought at a price; therefore glorify God in your body and in your spirit, which are God's."

Your body is the temple of the Holy Spirit. Therefore, sickness shouldn't be in the same place where the Spirit of God dwells. Your body should be healthy because God now dwells on your inside. It is the duty of the Master to permanently drive out entities that are strangers in your body (Matt. 21:12-13)

You should be conscious of He that you have in your body. He is the quickener and can revitalize any part of your body that is weak, sick or damaged. The duty of the Holy Spirit is to permanently supply vitality and agility into the system (Rom. 8:11).

## Enjoying Health

3 John 2 says “I pray that you be in health..”

God wants you to be in health. In fact, He wants you to be in health always. Scripture isn’t fulfilled in your life when you are not in health.

Psalms 118:17 says “I shall not die but live and declare the works of the Lord”

You can’t declare the works of the Lord when you are not healthy. In fact, not to be in health is the work of the devil or work of ignorance. Health is the work of the Lord in your life.

Psalms 115:17 says “the dead do not praise the Lord.”

The dead can’t praise God, but the sick can still praise God. The healthy will praise God better. The sick may not be able to clap or dance but the healthy can do this comfortably.

Psalm 118:18 says “the Lord has not given me over to death”

The sick should still praise God. Why? Because the Lord hasn’t given them over to death. As long as you are still alive, praise God. Praises propel God to attend to your health matters.

### A CASE STUDY ON MOSES

Deut 34:7 says “The eyes of Moses were never dim nor his natural vigor diminished”

At 120, Moses sight was sharp and clear, his energy (body Strength) never diminished. Moses climbed the mountain himself when he was about to die at 120 without using any walking stick. What a strength. It is amazing to know that at 110 years, Abraham was mountaineering. After three days of trekking, he still saw the place afar off, yet he went forward and climbed the mountain. What a strength and vigor.

Just like Moses, you should still be strong at old age. It is unfortunate that there are many young people who are very weak. They can’t stand for too long nor walk so far. This is unhealthy. Moses’ strength never reduced. Your strength and energy should be full even at old age.

### A CASE STUDY ON CALEB

In Num. 14:10-11 “Caleb came to Joshua at 85



years and said “here I am this day, 85 years old. As yet I am as strong this day as on the day that Moses sent me, just as my strength then so now is my strength for war, both for going out and for coming in.”

Caleb at 85 was as strong as he was at 40. I love this: He said as my strength then so is it now. The measure of strength he had at 40 years to fight is the same measure he had at 85 years old. The strength (energy, health) he had at 40 for going out and coming in is the same he had at 85 years. Caleb retained his bodily strength and bodily health. Just as he was energetic at his younger age, so he was energetic at his older age.

Some may say but the time of Caleb is different from our time. The question is that if times changes, does God change? The same God that gave Caleb strength is the same God you are serving today. Some will say we don't eat the same food, if food changes, does God change? Yes, you are what you eat. You give food to your body but God give strength to your body. Strength comes from God. He can give strength to your body if you ask him.

## STRENGTH FOR HEALTH

There is wisdom for health, there's is strength for health. God can give us both. And you must ask both. Wisdom for health will teach you what to eat, when to rest, drink, sleep, etc.

Strength for health is an energy that's supplied into your body system. There are many elderly people who are 120, 130, 140, etc. who don't have wisdom for health, but are healthy. You may need to visit some villages to see how strong their old people are. What's their secret? Simply strength. Some of them live in villages, drink bad water – rivers, eat food not warm, yet strong. They don't go for medical checkup, yet they are strong. Thank God for wisdom for health. But to be really healthy, you need strength for health.

What was said concerning Moses? His natural vigor (strength) never diminished. Scripture doesn't say his wisdom (mental power) never diminished. What did Caleb say? He said "just as my strength then so is my strength now." You need to ask God for strength for health.

A physician or medical professional who is sick doesn't lack wisdom for health, such lack strength for health. Men can teach you wisdom for health (that is, how to maintain your health); only God can give your strength for health. Strength for health cannot be taught but only received.

Psalm 29:11 says "the Lord will give strength to His people"

God will give strength to you. If He hasn't given you, then ask Him.

Psalm 84:7 "They go from strength to strength

each one that appear before God in Zion”

You should go from strength to strength daily. You must be full of energy every morning and night. If you don't go from strength to strength, you will be getting sick and getting healed.

Psalm 90:10 says "The days of our lives are 70 years; and if by reason of strength they are 80 years."

Strength is the reason you move from years to years. It is by reason of strength that you grow from decades to decades. There is a great connection between your strength and breath.

Psalm 102:23 "He weakened my strength in the way; He shortened my days."

Weakness of strength brings shortness of days (years), full strength is the key to being full of years, strength is what you receive to have long life.

## TWO THINGS REPRESENT LONG LIFE

1. Strength of your body
2. Length of days

The strength of your body determines the length of your days. God will strengthen your body to lengthen your days.

Acts 14:8 reveals a cripple in lystra without strength in his feet. Anyone who can't walk or move his hand simply lack strength.

Judges 16:28, Samson called to the Lord, saying “O Lord God, remember me, I pray, just this once.

God granted Samson’s request when He prayed. When you lack strength, little pain or headache will defeat you. Like Samson, anytime you are weak ask God for strength.

Psalm 41:13 “The Lord will strengthen him on his bed of illness, you will sustain him on his sickbed”

The sick can be strengthened by the Lord, when he strengthens, you are healed. You can call on the Lord on your sickbed and He will strengthen you. Some sick fellows think they need healing without knowing that what they simply needed was strength. You can’t be strengthened and not be healed.

Isaiah 58:11 says “The Lord will guide you continually, and satisfy your soul in drought, and strengthen your bone”

God can strengthen your bone. God can strengthen your heart and soul. God can strengthen your bone and flesh too. When God strengthen your heart, you have wisdom for health, when He strengthen your body, you have strength for health.

Deut.33:25 says “As your days, so shall your strength be.”

What does the above certainly meant?

1. The strength of your body will be equal to the length of your days.

2. Just as your days increase, your strength shall increase
3. Your strength will never reduce or be small compared to your age
4. The older you grow, the stronger you are.
5. Every new day will always come with new strength
6. As the day comes newly, your strength comes newly
7. As you increase in age, you increase in strength
8. As the time of the day is constant, so your strength shall be constant
9. As the days never grow old, your strength will never be old
10. As your days never grow weak, your strength will never be weak
11. As you grow in age, you will grow in strength
12. At old age. You will be with great strength.

## SPIRITUAL SECRET TO HEALTH

Doctors care for people, only God cures people. That is why in the world, they call it health care not health cure. No doctor can cure anybody. They can only care for you. If you understand this, you will know it is essential for you to believe what God said in the scriptures more than you believe the doctor's report. I am not attempting to despise the medical

field; I believe in medicine that it is a product of God's wisdom. But I want you to know that God's word is the secret to sustain your health.

If you must enjoy sound health, it is transmitted through God's word.

Proverb 4:20-22 says "My son, give attention to my words; incline your ear to my sayings. Do not let them depart from your eyes; keep them in the midst of your heart; for they are life to those who find them and health to all their flesh."

The above scriptures show what we do to live a healthy life. We are healed by faith but we stay healthy by the word of God. If you really want to be healthy, you should be drugged with the word of God. God's word is God's medicine. Another translation reveals that God's word shall be medicine to your flesh. How? 2 Peter 1:4 reveals we are partakers of divine nature. So, we partake of divine nature from the word of God and divine nature is immune to sicknesses and diseases. So, the more of the word you have on your inside, the more immune you are to sicknesses and diseases.

There is nothing wrong with medical attention but when medical attention becomes your trust, you have lost your health. If you have internal organ damage or blood disease, you have to know that if you can take the word of God that is revealed concerning your health and believe it, you will not

just be healed but be in health.

## The Causes of Ill Health

One day, I sat down to think of the reasons people are sick or having ill health. It is essential you know that God doesn't plan that you should experience sicknesses. He wants you to be healthy. Let's examine the following causes of ill health.

### **1. Enemy attack (Acts 10:38: Luke 4:38-39; Ps. 107:20)**

Afflictions (oppressions) are real. The devil can afflict a person with sicknesses. Jesus went about healing those who were oppressed by the devil. The devil can oppress people with sicknesses. Sometimes, you hear some people say they are strong, when in essence they are being oppressed by the devil.

Affliction or oppression that results into ill health



doesn't respond to treatment, medicine or rest. It only responds to the anointing of God. You should enquire of the Lord if your ill health is caused by stress but the devil. It is with the anointing of the Lord that you resist the oppression of the devil over your life.

**2. Sinful activity (Ps. 107:17; 119:67; 103:1-3; Mark 2:5; Jam. 5:14-16)**

I believe in new creation realities but I also understand the justice system of God.

**3. Personal negligence or carelessness (Ps. 107:17; Acts 27:34)**

When natural laws are broken, the consequence can be ill health. For example, when people neglect hygienic practices it can bring ill health.

**4. Negative emotion (Prov. 17:22; 14:30; Heb. 12:15)**

Out of your life are the issues of life. The heart of a person can be sick. When the heart of a person is sick, the body of that person will soon be sick. The state of your mind affects the state of your health.

**5. Repeated Family Pattern (1Pet. 1:18; Gen. 29:31; 25:21; 11:30; Gal. 3:13-14)**

Sometimes, medical doctors find out the family

history of people just to know if a particular sickness or disease is hereditary.

## PRINCIPLES OF DIVINE HEALTH

It is essential you know that responsibility is key to possibilities. To arrive at the results, we must embrace the requirements. If divine health is the desired outcome, what are the required actions?

### **1. Live right (Ps. 103:1-3, 107:17, 119:67; Prov. 3:7-8)**

Those who live right are those who live long. To live right is to do things that will never dapple your conscience.

### **2. Have a sound heart (Prov. 14:30)**

To have a sound heart is to have a relaxed attitude. In other words, it is about how you think. If you think health, you will be healthy and if you think sickness, fear will come in and you will end up being sick. A sound heart is life to the body.

A better way to have a sound heart is to load your heart with the word of God concerning your health. When you have the word within you, then, you can think it regularly. It is the word of God within you that brings the thought of God to you.

### **3. Eat Word (Ps. 107:20; Prov. 4:20-22; Matt. 4:4; 1John 2:14; John 6:63; Ezek. 2:2)**

To eat well is to live well. You are what you eat. You don't only eat biological food, you can eat spiritual food. Biological food doesn't guarantee healthy but spiritual food does. You have to know that the word of God is medicine to your body. Your body is strengthened every time the word of God enters your heart. If health is in your heart, it will be in your body. And the word is what drives health into your heart.

### **4. Speak right (Prov. 18:21, 12:18, 16:24; Joel 3:10)**

Your tongue can destroy your life. To keep your tongue is to keep your health. Whatever you don't want to see in your life, you must avoid saying. It is what you say that you see. You don't only think the word; you should also talk it. It is what you declare about your health that God will confirm.

### **5. Give yourself good report (Prov. 15:30)**

What is said to you from the doctor doesn't affect your health, it is the report you choose to believe that affect your health. Good reports make the bone healthy. If you are given a bad report from the doctor, you should also give yourself a good report from the scripture. God already spoke ahead before

any doctor gave you the report. God already spoke in His word concerning your health before you got your medical report.

#### **6. Be joyful (Prov. 17:22, 15:13)**

A merry heart does good like a medicine. Even if you have the right medicine, if you have a sorrowful heart, the medicine won't work. Now, even when you don't have any medical drug, joy can wither away your sicknesses. It is essential you know that joy is a healing anointing.

#### **7. Avoid bitterness (Heb. 12:15; Matt. 18:34-35; Mark 11:25-26)**

Bitterness will always kill health. Sorrow develops into sickness. Bitterness evolves into bareness.

#### **8. Be hopeful (Eccl. 9:4; Prov. 13:12; Ps. 42:5, 11)**

Hope is the oxygen of the soul; it is a livewire for life. To have hope is to be alive, but to lose hope is to be on the way out. A person may live for 40 days without food, 7 days without water, 4 minutes without breath, but 0 minutes without hope. When hope is not there, sickness is near (Prov. 13:12)

Hope links the help of God and the help of God fuels the health of man. Hope is the raw material for faith. Be optimistic and hopeful; even if life does not appear fair, believe that it shall be better

**9. Be faith-filled (Matt. 9:22; 15:28; Heb. 11:6; Job 3:25; 2Cor. 4:13; Num. 14:28; Heb. 11:27)**

Faith always makes whole (Matt. 9:22; 15:28). Believe that you cannot die just like that. Faith moves God to action (Heb. 11:6). Faith is a fear-neutralizer; it neutralizes fear, and you know that fear is a magnet for both disease and disaster (Job 3:25). You cannot be in faith and in fear at the same time

Faith releases the right declarations (2Cor. 4:13). Faith sees the invisible to experience the impossible (Heb. 11:27). Faith makes you to see what is not obvious yet, and as you see it, you seize it

**10. Be active (Eccl. 10:18; 1Tim. 4:8)**

Be an active, diligent and energetic person. Idleness invites decadence. The avoidance of diligence is the acceptance of decadence. Diligence renews energy more than idleness. If you don't have work, give yourself work

Disuse attracts disease. Disuse atrophy is the drying up from lack of use. Exercise brings excellence (1Tim. 4:8). This is where your life and brain are active.

**11. Possess value (for your health) (Acts 27:34; Eccl. 7:17)**

What you don't value, you lose. What you don't

value, you mismanage. What you don't value, you don't protect. If you value your health, you will take care of your body.

## You Are a Living Stone

**I**n John 1:42, Jesus looked at Peter and said “you are Simon, the son of Jonah. You shall be called Cephas” (which is translated, A stone).

Cephas means a stone, Jesus named a man a stone. Actually, that part which says which is translated a stone should be which is translated to peter. The Greek word for stone is petros, the Greek word for peter is petros. It was Jesus that named him “peter”

Mark 3:16 says” Simon to whom He gave the name peter. Peters parent named him Simon. Jesus named him peter. So anytime the name peter is mentioned, it refers to stone. Anyone named peter is a stone. If you don’t want to call peter, you should simply say “stone”.

Mark 3:17 reveals James and john were named by Jesus. He named them boanerges- meaning “sons of thunder”.

Their parents named them James and John but Jesus named them son of thunder. The three He named – Peter, James and John – were the closest to Him. He called one stone, and the other sons of thunder.

1 Peter 2:4 says “Coming to Him as to a living stone, rejected indeed by men, but chosen by God and precious.”

You see that Jesus is a living stone 1 Peter 2:7 says “The stone which the builders have rejected has become a chief cornerstone”

Jesus is the stone that has become a cornerstone, Jesus is no longer the stone, He’s become the cornerstone

1 Peter 2:5 say, “you also, as living stone”

Believers are living stones. When Jesus was on earth, Peter was called a stone. but today, everyone that believes in Jesus is a living stone. Not just a stone, but a living stone. You must see yourself as a living stone.

Job 6:12 says “is my strength the strength of stones?”

There is something known as the strength of stones.

When you understand that you are a living stone, then, you will understand the strength of stone.

There are different kinds of stones, marble, limestone, sandstone, granite, etc. the strength of stone



is known by:

1. Weight
2. Durability
3. Hardness
4. Resistance

Weight refers to how heavy and forceful you are. Durability refers to longevity, imperishable, lastingness. Hardness refers to firmness and toughness. Resistance refers to ability to reject and push back.

## FACTS ABOUT STONES

- Stones are heavy and forceful. Whatever it hit is gone.
- Stones live long and last. Stones don't die
- Stones are firm and tough
- Stones resist and reject

You have to imagine the strength of a stone.

Let's identify certain things.

### **1. Stones don't get sick, you should not be sick.**

Jesus was a stone on earth, He was never sick on earth. John 4 only revealed a place He was wearied of His journey. It's possible you don't get sick when the revelation of a stone enters you.

### **2. Stones can't be infected with a disease.**

Put cancer or asthma on stones, it can't affect it. Put coronavirus on it, it can't penetrate. As a living stone, the disease that kills others shouldn't affect you. Typhoid, malaria can't get a stone.

### **3. Stones don't get lean or fat.**

Your fattening or leaning should be by your food or body structure, not by any sickness or disease. You have to arise to fight against any sickness or disease that may want to affect your body or health.

### **4. Stones don't have pain.**

Have you ever heard that a stone has pain? Nothing calls pressure, depression or hypertension can affect a stone. Any pain that doesn't respond to rest shouldn't be permitted in your life.

### **5. As the days of a stone so is its strength, the strength of a stone doesn't reduce.**

Your strength shouldn't reduce as you aged. You must sustain the strength of a stone. If the strength of a stone doesn't go low, your strength shouldn't go low.

### **6. Change of location, environment doesn't change a stone.**

A stone in Nigeria is as a stone in U.K. You should be healthy in other countries just as you are in

your country. No economy can affect a stone. No economy should affect your health. A stone is as strong in Nigeria just as it will be in Canada. You should be strong both home and abroad.

### **7. The scorching sun doesn't weaken stone.**

The sun doesn't create fever for stone. The heat from the sun may make a stone hot, but the sun will never make a stone weak. Stone doesn't have malaria, fibroid, typhoid, etc. whatever the stone cannot have doesn't belong to you. As a living stone, you should remain stronger daily.

### **8. The weather doesn't make a stone sick or weak.**

The weather condition of wherever you find yourself shouldn't affect you. The weather can make a stone cold but can't make it sick. You may feel cold but shouldn't be sick or weak by the weather.

## **REMAIN JOYFUL**

Phillipians 4:4, Prov. 18:14

Nobody can live a healthy life without joy and rejoicing. Praises release the joy of the Lord which imparts supernatural strength that translate to health (Neh. 8:10b; Hab. 3:18-19; Deut. 34:7).

Every praiser is stronger than the murmurer. If you are a worshipper, your strength is natural.

Never allow depression to depress your energy. The joy of the Lord is released when you begin to sing praises to God. And when joy comes, it imparts curative or therapeutic effect to the system of man (Prov. 17:22). Every session of praise is a session of treatment; it is a session of therapy. Be intentional to sing praises to God in spite of your health challenges.

Only few know that the joy of the Lord that is released through singing praises carries deliverance power from the effect of evil spirits (Ps. 32:7; 1Sam. 16:23; Acts 10:38). In the atmosphere of praise, evil spirits become uncomfortable and have to check out.

Embrace the attitude of gratitude (Ps. 103:1-3). One difference between God and man is that God gives and gives until He forgives, while man gets and gets until he forgets. If you thank God for His finger, you will see His Hand; if you thank God for His power, you will see His glory

There is always something to thank God for. The more thankful you are to God, the more you will have what to thank Him for. Sometimes, God begins with thanking people because people are representative of God in your life. – appreciate your spouse, children, teachers etc.

You should ensure you do everything to remain joyful always. The habit of praise create habitation for joy in your life. And when there is joy, there is

health.



## About the Author

Niyi Makinde is a leadership expert, quotient coach, consultant, author and a Christian minister with an apostolic calling. His passion is to raise Christian ministers and leaders like himself, as well as to help organizations and businesses maximize their potentials.

Apostle Niyi Makinde has been in Christian ministry for over 15 years. He is the President of Rebirth Global Church, a network of churches across the globe on a mission to empower believers to fulfill their God-given tasks on earth. He is an apostolic oversight and covering for many other ministries, networks and churches.

Niyi Makinde has written many books that are fast spreading across places. His books are always

flooded with rich content and great wisdom.

**You can connect with me on:**

 <https://www.niyimakinde.com>

## Also by Niyi Makinde

Apostle Niyi Makinde has written many other insightful and powerful books, among which are:

1. Divine Instructions
2. 12 Laws of Divine Instructions
3. Breaking Life Code
4. The Revolutionary Apostle
5. The Power to Prosper
6. The Power to Become
7. 53 Laws of Excellence
8. Church Shift
9. Business Sense
10. Dealing with Human Enemies
11. Wisdom for All-Round
12. Wisdom Power
13. Prayer Force (1)
14. Multiply
15. Tithing
16. You Are Different
17. Phronesis for Dating
18. Dating, Marriage and Sex
19. Managing Divine People
20. The Power to Get Wealth
21. Spiritual Fatherhood
22. Managing Divine People
23. Understanding Honor



24. Flourish And Grow (1)
25. Faith Dimension (1)
26. Ministry Laws (1)
27. Secrets to Supernatural (Financial) Abundance
28. Running like the Deer
29. Prayer Force (2)
30. Making Things Happen
31. You Are a Seer
32. 79 Insights Into Favor
33. New Creation
34. Prayer Education
35. 20 Facts about the Human Spirit
36. Supernatural Visions
37. Understanding Church Systems
38. 11 Facts about the Human Mind
39. The Holy Spirit
40. Dominion in the Realm of Abundance
41. Soul Winning Manual
42. Maintaining Sound Health
43. Faith for Abundance
44. New Levels
45. Wisdom for Abundance
46. The Power of Meditation
47. Understanding Supernatural Dreams
48. Stop Multiplying in Affliction
49. Communication Ethics in Ministry
50. Ministry Ethics (1)
51. Warfare for Honor

52. Wave of Increase
53. Praise for Favor
54. Ministers Training Manual
55. Breaking Joy Code
56. The Power of His Name
57. You Are a wonder
58. Roar and Soar
59. The Minister and the Ministry
60. Grace Factor
61. Subdue and Dominate
62. Flourish and Grow (2)
63. Overtake
64. Victory over Afflictions
65. The Power of Patience
66. Stand out
67. Shining like the Sun
68. 30 Channels of Wealth
69. Breaking into Laughter
70. The Power to Dominate
71. Enjoying Health
72. Stronger than the stronger
73. Battle for Wealth
74. Wealth Transfer
75. Maximum Protection
76. The Power to Be on Time
77. Power Activators
78. The Essence of Obedience
79. The Power of words

80. Planting a Branch Church
81. Power Dimensions (1)
82. The Power to Live Long
83. The Power to Deliver
84. The Power to Bless
85. Raising the Dead
86. The Power to Heal
87. The Power to Separate
88. The Power of Diligence
89. Financial Prosperity
90. Business Success
91. On Top
92. How to Live Long
93. Warfare for Long Life
94. The Hand of God
95. On Pornography
96. 11 Streams of Healing
97. Fresh Insight
98. Money Sense
99. The Power of Prophecies
100. High-Flyers
101. Be Creative
102. No Limit
103. Understanding
104. Dealing with Impossibility
105. Highly Favored
106. You Can Prophecy
107. Expand

- 108. Entering into Fullness
- 109. 8 Kinds of Men
- 110. The Headship Anointing
- 111. God is with You
- 112. Church Formation
- 113. Ministers' Personal Development
- 114. Time-Planning
- 115. Manifesting Excellence
- 116. Your Reality Today (Yoreto)